

Moving checklist

8 weeks to moving day. Tick each box as you go.



Moving day: _____

8 weeks before

Date: _____

- ☐ Decide how you're moving: movers, a moving container, a rental truck, or a mix.
- ☐ Get at least three quotes. For a long-distance move, ask for an in-home or video survey, not a phone guess.
- ☐ Moving between US states? Check the mover's USDOT number on the FMCSA's Protect Your Move site.
- ☐ Start decluttering. Everything you don't move is something you don't pack, carry or pay to ship.
- ☐ Make a moving folder for quotes, contracts, receipts and inventories.

6 weeks before

Date: _____

- ☐ Book your mover or truck. Weekends and the end of the month fill up first.
- ☐ Get supplies: boxes in two or three sizes, tape, markers, packing paper and labels.
- ☐ Decide how you'll keep track of what's in each box: a notebook, a spreadsheet or an app.
- ☐ Measure the new place for big furniture: doorways, stairs and elevators.

4 weeks before

Date: _____

- ☐ Start packing what you rarely use: off-season clothes, books, decor, the guest room.
- ☐ Number every box and label it with its room in the new place.
- ☐ Change your address with USPS at usps.com/move (a small fee online, free at a post office).
- ☐ Book utilities and internet: off the day after you leave, on the day before you arrive.
- ☐ Move prescriptions, and get copies of medical, school and vet records.

2 weeks before

Date: _____

- ☐ Pack room by room, finishing each room before you start the next.
- ☐ Update your address with your bank, employer, insurance and subscriptions.
- ☐ Arrange care for pets and children on moving day.
- ☐ Start using up the freezer and the pantry.
- ☐ Confirm the mover's dates and get the pickup window in writing.

1 week before

Date: _____

- ☐ Pack everything except what you need every day.
- ☐ Pack an open-first box for each person: chargers, medicine, toiletries, clothes, bedding, toilet paper, a few plates and a kettle.
- ☐ Set aside what travels with you: documents, valuables, laptops and medicine.
- ☐ Defrost the freezer if it's moving with you.
- ☐ Count your boxes and check them against your list.

The day before

Date: _____

- ☐ Take apart beds and furniture. Bag the screws and tape each bag to its piece.
- ☐ Charge everything.
- ☐ Get cash for tips, and snacks and water for helpers.
- ☐ Photograph valuable furniture to show its condition before the move.
- ☐ Walk through closets, cabinets, the garage and any storage one last time.

Moving day

Date: _____

- ☐ Walk through with the movers. Point out what's fragile and what isn't going.
- ☐ Read the mover's inventory before you sign it. The box count should match yours.
- ☐ Take meter readings and photos of the empty home.
- ☐ At the new place, send each box to the room on its label.
- ☐ Check off boxes as they come in, and note any damage before you sign.

After the move

- ☐ Unpack the open-first boxes, then the kitchen and the bedrooms.
- ☐ Update your driver's license and voter registration. Many states set a deadline, so check yours.
- ☐ File any damage claim in writing soon. For a move between US states you generally have nine months.

Pax's tip

Give every box a number and a QR label, and snap what goes in. Months later, scan the label to see what's inside without opening it. Your first box is free at box-track.com.



Scan to tick it off